

THERAPIST REFERRAL LIST



HELLO,

I AM UNABLE TO TAKE YOU ON AS A CLIENT AT THIS TIME. HOWEVER, I WOULD LIKE TO SHARE THIS LIST OF THERAPISTS/ORGS THAT YOU CAN REACH OUT TO INSTEAD. IF YOU THINK ANY OF THEM MIGHT BE A GOOD FIT FOR YOU- I ENCOURAGE YOU TO REACH OUT TO THEM, SCHEDULE AN INQUIRY AND MAKE AN INFORMED DECISION ON WHO MIGHT BE A GOOD FIT FOR YOU.

ALL THERAPISTS MENTIONED IN THIS LIST ARE QUEER AFFIRMATIVE AND MAKE RECURRENT EFFORTS TO PRACTICE THERAPY FROM A DE-COLONIZED LENSE.

I WISH YOU ALL THE BEST ON YOUR JOURNEY!

BE WELL AND TAKE CARE,
NEHA



Not sure what a refferallist is or how to proceed? [click here](#) to listen to my short audio clip on this topic.

- Name:** Rhea Dubey
Service: Psychoanalytic Therapy
Population: adolescents + adults
Contact & Info: rheadubey@gmail.com
- Name:** Niharica Shah
Service: Arts based Psychotherapist
Population: adults
Contact & Info: www.interiorgardening.co.in
- Name:** Akshata Parekh, EAT
Service: Expressive Arts Therapist
Population: adults + families
Contact & Info: akshata.parekh@gmail.com
- Name:** Color of Grey Cells
Service: Dance, Drama and psychotherapists
Population: adolescents + adults
Contact & Info: TheCogc.com
- Name:** Manvi Sharma
Service: Psychotherapist
Population: adults
Contact & Info: homosapietales@gmail.com
- Name:** Preetha Ramasubramaniam, DMP
Service: Dance Movement Psychotherapist
Population: adults
Contact & Info: www.kinesthetics.in
- Name:** Ruchi Shah Jhaveri
Service: Psychoanalytic Therapy
Population: adolescents + adults w special needs
Contact & Info: www.ruchishah.in
- Name:** Synchrony
Service: Dance Therapy
Population: nuero-divergent children + adults
Contact & Info: www.synchronyindia.com
- Name:** Asha Hai
Service: Inclusive school & holistic child dev.
Population: children with special needs + their families
Contact & Info: www.ashahai.com
- Name:** Deepa Sai, BC-DMT
Service: Dance Movement Therapist
Population: adults + couples
Contact & Info: [Dance for Mental Health](#)
- Name:** Akanksha Mishra, BC-DMT
Service: Dance Move Psychotherapist
Population: Adolescents
Contact & Info: akankshamishra05@gmail.com
- Name:** Ritu Shree R-DMT
Service: Dance Movement Psychotherapist
Population: Neurodivergent children & their familie
Contact & Info: www.linkedin.com/in/ritu-shree-

